

## Ballston Spa Central School District

### Adult Walk About Fitness Program 2023 - 2024

October 10, 2023 – March 28, 2024 (excluding holidays and school closings)

Monday – Thursday, 6:00pm – 7:30 pm

Middle School and High School Hallways



\* No Program On: 11/22/23 - 11/24/2023, 12/25/23 - 1/1/24, 1/15/24, 2/19/24 - 2/22/24

- Fees: \$20 for district residents – Non-residents, please include a \$5 out-of-district fee.  
Please make checks payable to Ballston Spa Central School District

#### **ALL WALKERS ARE REQUIRED TO PRE-REGISTER IN ORDER TO PARTICIPATE IN THE PROGRAM**

\* New walkers may join the program at any time.

A "Walk About" ID badge is issued upon registration. Your ID badge MUST be visible at all times while walking within the buildings. Please use the parking lot at the Middle School, 210 Ballston Avenue, and enter at the Middle School lobby. For your safety, you MUST sign-in before proceeding for your walk and sign-out when you are done. If conflicts with school activities occur, signs will direct you to the building that is available for walking; otherwise, both buildings are utilized.

Please register by completing the form below and sending with program fee to: BSCSD, Office of Community Relations, 70 Malta Avenue, Ballston Spa, NY 12020. For further information, please call 884-7195 ext. 1329.

 Please Tear Here  Please Tear Here  Please Tear Here  Please Tear Here 

Please complete the registration form below and return with payment

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

Contact Number: \_\_\_\_\_ Email: \_\_\_\_\_

Emergency Contact and Number: \_\_\_\_\_

Program: \_\_\_\_\_ Amount Enclosed: \_\_\_\_\_

*\* FOR OFFICE USE ONLY \**

Received by: \_\_\_\_\_ Date: \_\_\_\_\_

Form of Payment: \_\_\_\_\_ Check #: \_\_\_\_\_